

FAMILY AGREEMENT

TEEN AGREES:

- I will not drink or take drugs
- I will not drive while under the influence of drugs or alcohol
- I will not ride with someone who is under the influence
- If I feel unsafe, I will call you for a ride home
- I will be honest even when I'd rather not
- I will be accountable for my actions

I commit to this agreement and recognize that there are consequences for every decision I make. I will do my best to respect you and honor our relationship.

Teen Signature

FAMILY AGREEMENT

PARENT AGREE:

- I will provide housing, food, and clothing
- I will make myself available to you whenever you need me
- I will provide a safe, respectful place to talk honestly
- I will listen, and not judge you
- I will love you for who you are and encourage you
- I will hold you accountable for the choices you make, ensuring that you experience the consequences- no matter how painful it is to see you go through them.

As your parent I commit to this agreement. I promise to help you in ways that will empower you to be an independent healthy young adult.

Parent Signature

FAMILY AGREEMENT

CONSEQUENCES:

Privileges will be taken away as a consequence to offensive behavior.

LEVEL ONE OFFENSE: Single privilege is taken away for a reasonable time that fits the offense.

LEVEL TWO OFFENSE: Two privileges are taken away for a reasonable time that fits the offense.

LEVEL THREE OFFENSE: All privileges removed for a reasonable time that fits the offense.

LEVEL FOUR OFFENSE: At this level the entire family should seek the involvement of a local mental health professional. This is in an effort for everyone to takes responsibility and get a professional assessment of appropriate next steps.