

PARENT & TEEN AGREEMENT

PARENT agrees to the following...

- I will provide you housing, food, and clothing
- I will make myself available to you whenever you need me, even when I'm "busy"
- I will provide a comfortable, safe, & mutually respectful place to talk honestly
- I will listen, and not overreact or judge you for things that don't make sense to me
- I will love you for who you are and encourage you to become your best
- I will never see you as a failure, even when you fail
- I will hold you accountable for the choices you make, ensuring that you experience the wonderful privileges and unfortunate consequences that go with each

As your parent I commit to this agreement and more importantly to you. I promise to help you in ways that will empower you to become an independent healthy young adult.

signature of parent

PARENT & TEEN AGREEMENT

TEEN agrees to the following...

- I will be honest, even when I don't feel like it
- I will be respectful towards everyone in this home
- I will apply myself in school and other activities
- I will not threaten to do harm to myself or others
- I will not drink or take drugs
- I will keep my promises and strive to be trustworthy
- If I feel unsafe or uncomfortable, I will call you for a ride home
- I will talk to you when I am upset or confused - even if I'm afraid you'll be angry

I commit to this agreement and will be accountable for my choices. I promise to respect you and honor our relationship.

signature of teen